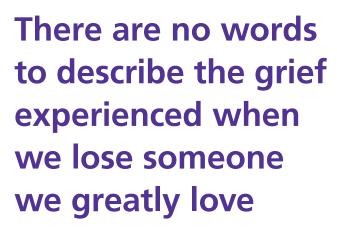
Grief support group







Navigating grief is extremely challenging as we try to find our footing.

Surrounding ourselves with others who understand what we're experiencing can be very healing. Grief support groups are a great tool to help us process what we're feeling while connecting with others for a listening ear. Join us on Tuesdays and Thursdays for support through this period of grieving.

Join us:

In person each Tuesday 1–2:30 p.m. Optum Activity Center – West 8680 W. Cheyenne Ave. Las Vegas, NV 89129 In person each Thursday 1–2:30 p.m. Optum Activity Center – East 5820 S. Eastern Ave. Las Vegas, NV 89119

Virtual

Contact Jeff Long for the support group schedule and link to participate.
1-702-671-1111, TTY 711
jeffrey.long@optum.com



For more information, please contact:

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jeffrey.long@optum.com | 1-702-861-7524, TTY 711

